



# ナナメ上ノ上天草。

NANAME-UE KAMIAMAKUSA

## A Model Course For Ladies

Key  
Point

This route will  
help brush up  
your femininity



### 1 Day Course

AM

9:00  
DEP

【Ebito Port】



25min

Friendly islanders  
and cats are looking  
forward to seeing  
you.



Yushima Asobi HP

### Yushima A.K.A. Dango jima

240min



Population [approx. 300 ppl] / Cats [approx. 200]

A.K.A. 「the Island of cats」

Friendly cats are welcoming at Yushima port. We recommend experiences such as fishing, handicrafts with sea glass and marveling at baby's breath flowers, and Yushima radish harvesting (which is only in winter). You can have lunch at a restaurant that serves fresh ingredients from the island. You can also apply for a guided tour of Yushima or a specialized tour for cats.



◆ Liners 【Yushima Syosen】 ◆



【Fare】 Adults: 600 yen - for 12 yrs and older

Child : 300 yen - for 6-11 yrs

※Child of 5 yrs or younger is free, and second child between 1-5 yrs will be charged as a child of 6-11 yrs old.

Yushima(湯島) Dep

25m

Ebito(江樋戸) Dep

07:30 am

09:00

12:00

02:00 pm

04:00

Syowa-maru

0964-56-4060

Kikusei-

maru

0964-56-4062

08:15 am

10:00

01:15 pm

03:00

05:30

### Access

It is a two-minute drive from Michi-no-Eki "Kamiamakusa Sun Pearl" to Ebito port (江樋戸港). Park your car, then you'll take a boat to Yushima, which takes 25 minutes.

※Time schedule might be changed due to the weather or season.

# Relaxing Cafés in Kamiamakusa



25m +



5~10m

**Cafés**

5 to 10 minutes  
distance by cars  
from Ebitō port

60min



**This store is filled with “the love of Amakusa”**

KANON is committed to the finer ingredients, such as salt and tea leaves produced in Amakusa. With these fastidious materials, Kanon makes Gâteau au chocolat. In addition, we recommend other sweets that use seasonal ingredients.



3F 1478 Kami, Oyano-machi, Kamiamakusa City

10:00AM~2:00PM, 3:00PM~8:00PM

**CLOSED**

Irregular (the year-end and New Year holidays are opened)



6 cars

Once you try this 『My Gâteau au chocolat』, you'll be addicted.  1,900 yen



## Macocoro-Chaya

**Time goes by slowly and peacefully**

You can spend time blissfully time sipping flavored coffee roasted in the café while enjoying various flavors of donuts.

A sign board saying 『Takano Fish Shop 高野鮮魚』 and red roofs are the marks to look for.



 6586-3 Kami, Oyano-machi, Kamiamakusa City

 Please refer to our HP.

**CLOSED** Irregular  26 seats

 8 cars

**YUMMY** 



## Pizza&Sweets Tres.03

☎ 0964-27-5878



This beautiful view is all yours



**Café & Guest House**

Tres.03 is located at the top of the hill and offers a fantastic view while you enjoy a well crafted pizza and sweets.

The guest house is also available to book for one group only.



7473-151 Kami, Oyano-machi, Kamiamakusa City



11:00AM~5:00PM

**CLOSED**

Irregular  21 seats



10 cars

Natural yeast bread

# Moppan

☎ 0964-59-0107



『Shrimp Pizza』 1,200 yen (Limited to 5 a day)

- topped with tasty shrimps produced in Kamiamakusa

popular!

## Handmade healthy bread

The owner himself is the designer and operator of this shop. The interior is filled with the warmth of trees. There are about 30 kinds of natural yeast breads, stuffed breads and other pastries. A dining area is also available here.



10764-1 Naka, Oyano-machi, Kamiamakusa City



10:30AM~6:00PM



Tue, Wed, Thu



10 seats



5 cars

Our food truck works on some events.



# Girasole

☎ 0964-59-0080



The meaning of "Girasole" is "sunflower" in Italian.

## Attractive colorful cakes with a cup of coffee

There are various cakes displayed in the showcase, such as lemon, coffee, blueberry, strawberry, matcha green tea, vanilla with salt produced in Amakusa, and so on. A dining area is also available here.



10764-1 Naka, Oyano-machi, Kamiamakusa City



9:00AM~6:00PM



Tuesday



10 seats



5 cars



Each cake has a moist interior with an exterior rich in flavor. These cakes are also quite feeling.

Eat it once, and you'll be addicted. **All 150 yen** 😊

## Take a break here and you feel like you are in a Hawaiian resort.

A restaurant 『Plate café L'isola』 offers a spectacular view of the sea from not only the tables on the terrace but also the tables inside. There are 7 shops and restaurants altogether, such as 『L'isola Market』 and 『L'Isola Beach Bar』.

There are about 10 flavors of Italian gelatos, that can be complimented with carefully selected coffee 『Island Stand』.



# L'isola Terrace Amakusa

☎ 0969-56-3450



6215-16 Maejima, Kita, Aizu, Matsushima-machi, Kamiamakusa City



9:00AM~5:30PM (10:30AM~9:00PM for the restaurant)



None

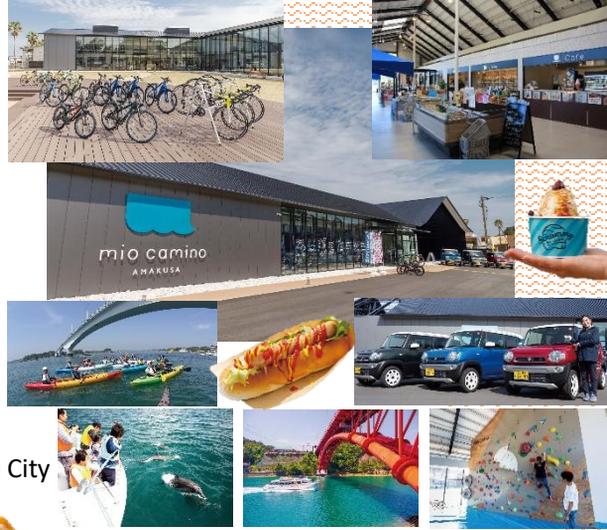


160 cars



# mio camino AMAKUSA 😊

☎ 0969-33-9500



## A complex facility to be known as "a new spot in Amakusa"

It's a tourist information center full of information about Amakusa. There is also a barbecue terrace, a food court, and a café, which serves delicious Amakusa dishes. You can experience bouldering, dolphin watching, cruising, sea kayaking or rent a bicycle or car as well.

🏠 6215-17 Maejima, Kita, Aizu, Matsushima-machi, Kamiamakusa City

🕒 9:00AM~5:30PM

🚫 **CLOSED** 1<sup>st</sup> and 2<sup>nd</sup> Wednesdays from December to March

🅐 270 cars

There are BBQ restaurants and cafes that use delicious ingredients produced in Amakusa.



5~15m



(After eating delicious food, please go relax and enjoy the hot springs 🌋)

## The Village of Kamiamakusa Onsenkyo

Enjoy hot spring hopping at 『Matsushima Onsen』 and 『Oyano Onsen』

These hot springs come in types: the chloride spring, the hydrogen carbonate spring, and the simple hot spring. The main spring type, chloride spring, warms your body and covers your skin with salt veils, like having a moisturizing effect inside of a capsule. ★★★

3h 🕒

- Multiple Effects -

- ◆ A marvelous view of the sea and islands
- ◆ Delicious foods gathered from the sea and the mountains
- ◆ Warm climate

Get Health and Beauty



Spa Thalasso Amakusa



Daidokutsu no Yado, Yurakutei



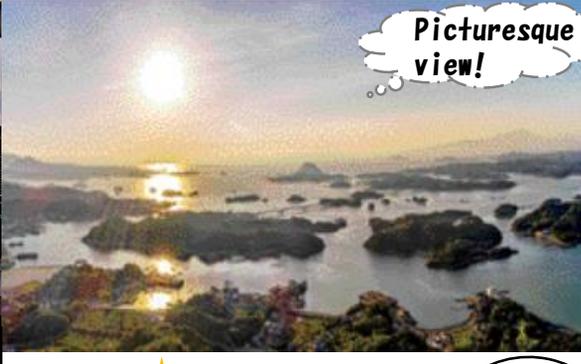
Matsushima Kanko Hotel Misakitei



Hotel Shosenkaku Roman-Kan



Hotel Ryugu (Umi-Hotaru)



Picturesque view!



Hotel Syoryu-en Kaisei

¥ 400~500 yen (add extra charge for a private bath)

Toiletries Shampoo and Conditioner Body soap • Hair dryer



いい湯  
わいて  
ます 🌊

上天草温泉郷

Please have a try visiting multiple hot springs. There are some other bathing facilities!



For more information, please check here.

Delicious Cuisine of Amakusa



Dinner

3h



Experience delicious Amakusa cuisine made with fresh ingredients

You will be satisfied with tasty cuisines created with seasonal ingredients, which are perfect for any season, such as rich and varied seafood, meats, vegetables, and fruits made via various cooking methods at the restaurants and accommodations in Kamiamakusa.

For more information, please check here.



Kamiamakusa's super delicious foods



Amakusa Bai-niku Pork



Amakusa Daio (Free range chicken)



Tiger Prawn



Tiger Puffer



Red Sea Bream



Dried Young Sardines



Yushima Raddish



Gizzard Shad



Late-Ripening Citrus (Amakusa Bankan)



Golden Conger Pike



Lady Crab (Gazami)



Decopon



Yellow Jack



Pearl Kan (Citrus Maxima)



Red Pepper



ナナメ上ノ上天草。

NANAME-UE KAMIAMAKUSA

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