

Central

Amakusa・Matsushima Course

Distance: 11.1km

Time: 4-5hours

Difficulty:



Enjoy the Breathtaking Landscape which Words Cannot Describe



1 Rice Paddy View



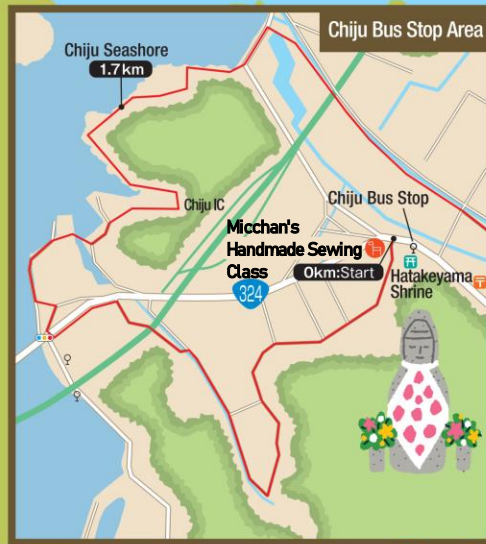
2 Sengen Moridake



3 Mt. Sengen



4 Ryu-no-Ashiya



Legend

	Information Center		Temple
	Dining		Shrine
	Accommodations		Police Station
	Post Office		Gas Station
	Bank		Hot Spring
	School		City Hall
	Convenience Store		Bus Stop
	Parking		National Route
	Restroom		Major Prefectural Road
	Wheelchair Accessible Restroom		Stamp Spot

It may not be possible to walk here when the tide is high. Please check for low tide times in advance.

Due to landslides, Sengen Moridake is currently dangerous and closed to visitors.

Accessibility



Specialities



Rice bowl with plenty of Amakusa's delectable seafood (at Matsushima Kanko Hotel Misakitei Restaurant)

Find many kilns that produce heartwarming crafts using the region's special Amakusa Toseki.



Rice bowl with three tempura Kuruma Prawns (at Fukushima)

Traditional, local sponge cake sweet bean paste roll "Akamaki" (available at many locations)

Accommodations

■ Matsushima Kanko Hotel Misakitei/TEL.0969-56-1188
<http://www.misakitei.co.jp/>

■ Hotel Shosenkaku Romankan/TEL.0969-56-3000
<http://www.romankan-s.com/>

■ Komatsuya Nagisakan/TEL.0964-59-0111
<http://komatsuya-nagisakan.jp/>

■ Ryotei Ai-no-misaki/TEL.0964-59-0010
<http://www.ainomisaki.co.jp/>

■ Minshuku Seiryusou/TEL.0964-56-1004
<http://www.seiryusou.jp/>

■ Nakashimasou/TEL.0969-56-0542
<http://www.nakashimasou.jp/>

<Inquiry>

Kamiakusa City Tourism Omotenashi Department/TEL.0964-26-5512

Access

Fukuoka Airport	Aso Kumamoto Airport	JR Kumamoto Sta.
Airplane : 40min.	Airplane : 40min.	Airplane : 40min.
Subway : 5min.	Subway : 5min.	Subway : 5min.
Amakusa Airport	JR Hakata Sta.	Kumamoto Bus Terminal
Shuttle Bus : 13min.	Kyushu Shinkansen : 30-40min. (fastest possible)	Sea Taxi or Amakusa Takarajima Line : 20min.
Hondo Bus Center	JR Kumamoto Sta.	Aitsu Port
Express Bus "Amakusa" : 40min.	Express Bus "Amakusa" : 100min.	Express Bus "Amakusa" : 110min.
Chiju Bus Stop	Matsushima Bus Stop	Maeshima Port
	Bus : 8-15min.	

*Travel times indicated here are all approximate.

Local Bus Matsushima ⇒ Chiju

Regarding the Sea Taxi